










Day 1 - 06.05.2019 (Monday)

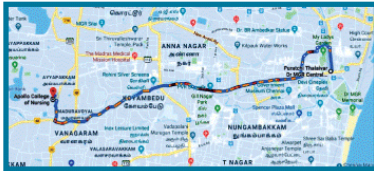
 09.15 - 10.15 am Dr. S. Shoba, Director and Superintendent, IOG	 10.30 - 11.30 am Dr. Vasantha.S., Principal, Shenbaga CON	 11.30 - 12.30 pm Dr. Lekha.S., Nutritionist, Apollo Cradle
Trends and Issues in Lactation Management	Breastfeeding Overview	Nutrition and Breastfeeding
 01.00 - 02.00 pm Prof. Nesa Satya Satchi, HOD, Child health Nursing Department, ACON	 02.00 - 03.00 pm Dr. Latha Venkatesan, Principal, ACON	 03.00 - 04.00 pm Dr. Swathi Padankatti Pediatrician, SMF, Chennai
Position and Latch	Assessment and Evaluation of Breastfeeding	Hospital Practices that support breastfeeding

Day 2 - 07.05.2019 (Tuesday)

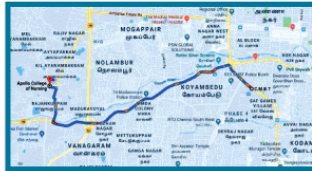
 08.30 - 09.30 am Dr. Sonali Shenoy, Lactation Consultant, Apollo Cradle, Chennai	 09.30 - 10.30 am Dr. Sowarnika.R., Consultant Obstetrician & Gynaecologist Apollo Cradle.	 10.45 - 11.45 am Dr. Kumutha.J. Saveetha Hospital, Chennai
Panel Discussion - Midwives: Defenders of Women's Rights	Legal and Ethical concerns about Breast feeding and Lactation management	Donor milk Banking
 11.45 - 12.45 pm Dr. Subha Vinish, Pediatrician, My Doctors Clinic, Chennai	 01.15 - 02.15 pm Dr. Usha Devi.R., Asst professor, Neonatology Department SRMC	 02.15 - 03.15 pm Dr. Gowri Meena.S Consultant Obstetrician & Gynaecologist, ASH - Vanagaram
Medications and Lactation	Breast feeding challenges in Special Infant Situations	Breastfeeding Challenges for Mother

Location Map

Chennai Central to Apollo CON



Koyembedu to Apollo CON



State level Workshop on

LACTATION MANAGEMENT

"Breastfeeding is not a Choice, it's a responsibility"

Salient features of this workshop

- ★ Eminent speakers from different fields
- ★ Topics highlighting on all dimensions about breast feeding
- ★ Ideal skill stations to practice

Who will attend ?

- Nurses and Midwives
- Nursing students
- Nursing Faculties
- Health care professionals

Organized by
Apollo College of Nursing, Chennai

06-07th May 2019

Auditorium,
Apollo College of Nursing
Chennai

Tamil Nadu Nurses and Midwives Council awards 12 credit hours

State level Workshop...

Apollo college of Nursing was established in the year 1997 with the objectives of education, Research and manpower development.

Breast Feeding is the best feeding for the baby. World Health Organization and UNICEF recommend exclusive breastfeeding from birth for the first 4-6 months of life, and sustained breastfeeding together with adequate complementary foods up to 2 years of age or beyond. However the majority of mothers in most countries start giving their babies artificial feeds or drinks before 4 months, and many stop breastfeeding long before the child is 2 years old.

The common reasons for this are that mothers believe that they do not have enough breast milk, or that they have some other difficulty breastfeeding. Sometimes it is because a mother is employed outside the home, and she does not know how to breastfeed at the same time as continuing with her job.

Sometimes it is because there is no-one to give a mother the help that she needs, or because health care practices and the advice that she receives from health workers does not support breastfeeding.

The vision of Apollo College of Nursing is to provide the best nursing education that combines continuous quality improvement, current technology & cost effectiveness, which is the primary theme of this workshop to meet the need of mother as well as baby. Nursing practice has various avenues and prepares competent nurses who must not only survive but also thrive in hand ever changing and always multifaceted system.

The objectives of this workshop, participants will be able to counsel families about the benefits of breast feeding, assist the mother in managing common breastfeeding problems, make appropriate referrals, teach breeding classes, prepare breast feeding materials and support breastfeeding through baby friendly policies and procedures.

Registration Committee

Ms. Nesa Sathya Satchi,
Professor, Apollo CON, Chennai
044 26534387 / 8973988910

Registration Details

Registration (includes Conference kit)	Rs.500
Lunch & Refreshment For 2 days	Rs.500

Please register before April 25th 2019

Payment should be made through as DD in favor of
Apollo College of Nursing, payable at Chennai.

Programme Schedule

Day 1 - 06.05.2019 (Monday)		
08.30 - 09.15 am	INAUGURATION & CHORAL SPEAKING	
09.15 - 10.15 am	Trends and Issues in Lactation Management	Dr.S.Shoba, Director and Superintendent, IOG, Egmore, Chennai
10.15 - 10.30 am	Tea Break	
10.30 - 11.30 am	Breastfeeding-Overview	Dr.Vasantha.S, Principal, Shenbaga CON, Chennai
11.30 - 12.30pm	Nutrition and Breastfeeding	Dr.Lekha.S, Nutritionist, Apollo Cradle, Chennai
12.30 - 01.00 pm	Lunch Break	
Skill Stations		
01.00 - 04.00 pm	Position and Latch	Prof. Nesa Satya Satchi, HOD, Child health Nursing Department, Apollo CON, Chennai
	Assessment and Evaluation of Breastfeeding	Dr.Latha Venkatesan, Principal, Apollo CON, Chennai
	Hospital Practices that support breastfeeding	Dr.Swathi Padankatti, Pediatrician, SMF, Chennai
Day 2 - 07.05. 2019 (Tuesday)		
08.30 - 09.30am	Panel Discussion - Midwives: Defenders of Women's Rights	Dr.Sonali Shenoy, Lactation Consultant, Apollo Cradle, Chennai
09.30 - 10.30 am	Legal and Ethical concerns about Breast feeding and Lactation management	Dr.Sowarnika.R, Consultant Obstetrician & Gynaecologist Apollo Cradle, Chennai.
10.30 - 10.45 am	Tea Break	
10.45 - 11.45am	Donor milk Banking	Dr.Kumutha.J Saveetha Hospital, Chennai
11.45 - 12.45 pm	Medications and Lactation	Dr.Subha Vinish, Pediatrician, My Doctors Clinic, Chennai
12.45-01.15pm	Lunch Break	
Skill Stations		
01.15 - 03.15 pm	Breast feeding challenges in Special Infant Situations	Dr.Usha Devi.R, Asst. professor, Neonatology Dept, SRMC, Chennai.
	Breastfeeding Challenges for Mother	Dr.Gowri Meena.S Consultant Obstetrician & Gynaecologist, ASH - Vanagaram, Chennai
03.15 - 04.00 pm	Feedback & Valediction	

For Further Information Contact

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www.apollohospitalseducation.com

Transport Committee
Dr.Vijayalakshmi.K.
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Accommodation Committee
Ms.Helen.M
Reader, Apollo CON
8056280375

Accommodation for delegates can be arranged on prior request