



Capacity Building in **Complementary & Alternative therapies**

International Nursing Conference



Date :

10th & 11th Dec 2009

Venue :

Apollo College of Nursing
Vanagaram to Ambattur main road
Chennai - 95

Greeting from Apollo College of Nursing

Whatever one aspires to achieve in life, be it Dharma [righteousness], Artha [wealth], Kama [desire] or Moksha [liberation] in can be achieved only if the body is in a state of wellness and good health.

“Complementary and Alternative Therapies is a group of diverse medical and health care system, practices and products that are not presently considered to be a part of conventional medicine. “As the paradigm shift is towards holistic care, Complementary and Alternative Therapies is gaining momentum in the art & science of nursing. Alongside the consumer demand for and use of complementary therapies continues to increase. The national policy 2002 also makes it imperative to integrate and main stream AYUSH in the health care delivery system and national programmes. Corporate Hospital are also exhorted to integrate CAM into the current practice education and research.

Nursing as a profession is subject to revision, reevaluation and reinterpretation being sensitive to the changes that are taking place in knowledge, application and social philosophy. Many complementary and alternative therapies are being analyzed in the light of research, technology and innovation which will pave the way to quality care. Research studies on the effectiveness of various therapies can also be carried out to enhance the scope of nursing.

This conference, an unique initiative of Apollo College of Nursing, will provide the scientific basis for a perfect blend modern and complementary medicine to every person who aspires to experience the joy of Total wellness. It is crucial that nurses continue to become more informed about Complementary and Alternative Therapies, so that they may safely and appropriately become integrated into the current nursing practice, education and research in helping people to maintain physical, mental and emotional wellbeing.



Highlights

An overview of
Complementary & Alternative Therapies

Ethical & Legal Issues in
Complementary & Alternative Therapies

Mind Body Therapies
(Music, Humor, Yoga, Bio feedback, Meditation, Prayer, Story telling, Journaling, Animal Assisted Therapy)

Energy & bio field Therapies
(Magnet therapy, healing therapy, Therapeutic touch, reiki, acupressure, Reflexology)

Manipulative & Body Based Therapies
(Massage, Exercise, Tai-Chi, Muscle, Relaxation,)

Biologically Based Therapies & AYUSH)
(Aroma Medicines, Functional foods, Nutra ceuticals)

Valediction

Free Paper Presentation
(Research Articles)

Session timings 9am to 4.30pm

Scientific Programme

It includes plenary session and free paper presentations

Call for Research abstracts / free papers

REGISTERED candidates are invited to submit abstracts relevant to the theme for presentation during the conference. All paper will be assessed by the scientific committee and will permitted for paper presentation. The size of the abstract must not exceed 300 words in times new roman font at size 12 with titles in bold capitals followed by the name of the authors and preferred type of presentation.

The abstract has to be sent to the principal at drlathvenkatesan@yahoo.com, latha6901@yahoo.com . On or before 25.11.2009. Candidates will be informed about the acceptance of the abstract by 30.11.09

Speakers

Dr. Zheng nan



Specialist Acupuncture & TCM,
University Professor,
Director King China Acupuncture
Centre, Dubai

Dr. Shyamala Kumar



Nursing Director
Belhoul Specialty Hospital
Dubai

Dr.Reddemma



Nursing Professor
Dean Behavioural Sciences
NIMHANS, Bangalore

Dr. Kalyani Sundararajan



Counsellor Psychotherapist
Reiki Grand master Holistic Healer
Chennai

Dr.Latha Venkatesan



Principal
Apollo College of Nursing
Chennai

Ms malar Jayachander



Consultant Psychologist
Chennai

Ms rani Rao



Aroma Therapist, Wellness Centre
Apollo Hospital Chennai

Dr. T.R. Karthick



Ayurvedha Dept, Wellness Centre
Apollo Hospitals, Chennai

Dr. Jyotsna



Ayurvedha Dept, Wellness Centre
Apollo Hospitals, Chennai

Registration Details

Category	Fee	Spot Regn
Delegates	Rs 1250	Rs 1500
Student	Rs 750	Rs 1000

Registration Fees includes Conference CD, Lunch & Snacks

Please Register Before 30th November 2009

Payment should be made in Favour of
“Apollo College of Nursing, Payable at chenna.”
Accommodation for delegates can be arranged on Prior request.

Place & type of Accommodation		Tariff	Contact No
Hotel Vijay Park INN	A/c Room	1800 / day (Double Sharing)	044 – 2379 1314
Nisso Ladies Hostel	Non A/C Room	300/ day/ person	99625 09585 98840 24447



For further information Contact

DR. Latha Venkatesan

Principal, Apollo college of nursing – Chennai – 95

Phone No – 2653 4387 / Mobile – 92821 26666

Email – latha6901@yahoo.com, Web:

www.apollohospitalseducations.com

Join us in our quest to achieve total wellness....



Vanagaram to Ambattur main road,
Ayanambakkam, Chennai - 95
Phone: 044 - 2653 4387, 044 - 2653 4923